

Original Source

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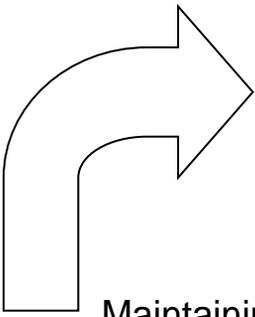
Trigger(s)

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Image Description

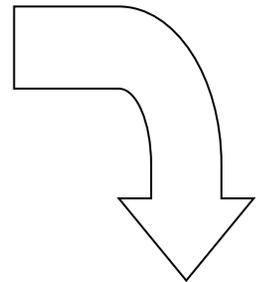
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Maintaining Factors for the persistence of image

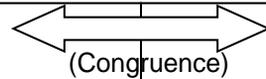
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“How do you behave/ what do you have to do because of the image and its ‘power’? e.g., push it out somehow, replay it, act as if it is real (for example, feel afraid of it), superstitious action



Emotion(s) in image

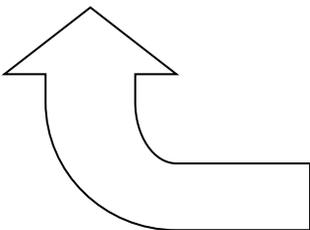
[Empty box for Emotion(s) in image and Appraisal(s) in image]



Appraisal(s) in image

“How do you feel?”

“Why do you think you are feeling X – what’s running through your mind?”



‘Power’ of the image - why is it not ignored?

[Empty box for 'Power' of the image]

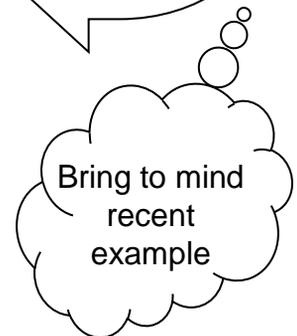
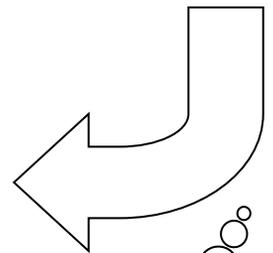
e.g.

“Do you believe it?”

“Does it feel real/true or prophetic?”

“What do you think will happen if you hold onto the image?”

“What does it mean about you, that you have this image?”



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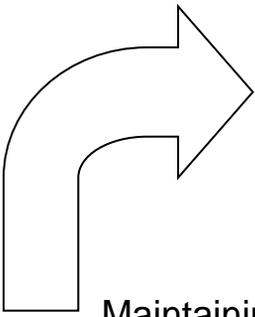
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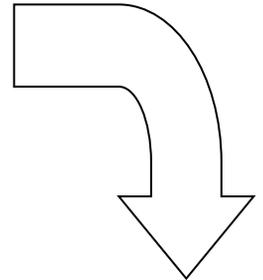
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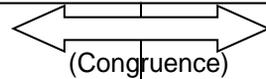
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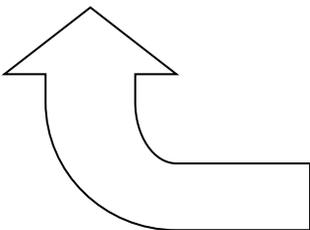
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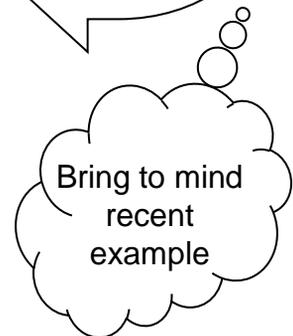
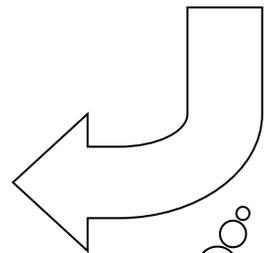
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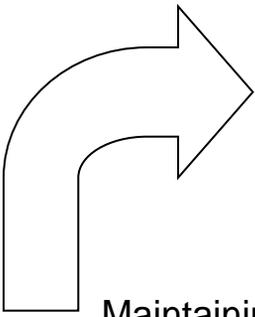
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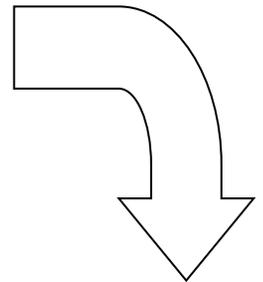
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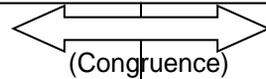
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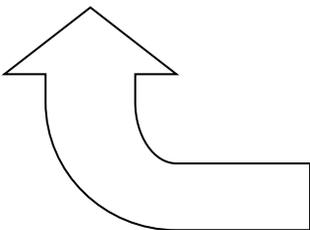
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